

# Free Flow Abstractions

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Some may think of this as child's play, going with the flow, sink art or akin to suminagashi (oriental marbling). Flowing colors; loose, natural, and/or organic create the foundation for your personal interpretation of using mixed media. Sumi ink, walnut ink, watercolors, acrylic inks and water, what could be more fun. Add a variety of new or familiar textures and techniques to make it your own. You will be encouraged to explore additional combinations and alterations throughout the workshop. These explorations will provide you with several unique and individual abstract works along with opportunities to selectively cut & paste pieces together.

## Student Supply List

**General Supplies** notebook/pen or pencil

- Smock, apron or old shirt to protect clothing, Rubber gloves as preferred
- Paper Towels
- cookie sheet with a lip ~ aka "jelly roll pan" or something like a cafeteria tray with sides Don't buy one, I have a few that can be shared.
- water container or bucket
- 140 lb cold press watercolor paper – full sheet papers will be cut to fit your pan
- 1" watercolor brush - additional brushes are okay, but not necessary
- Spray misting bottle or two

**Items to bring if you have, I will have some for community use**

assortment of small squeezable liquid dispensers with small tip opening

**If you already have watercolors, please bring an assortment of watercolors that you are comfortable with for a palette. I will have a selection available, already prepared.** Sumi ink, walnut ink, assorted acrylic inks will be available for community use.

**My mentor Jacqueline Sullivan's recommended palette:** QoR by Golden or Graham H2O

- Quinacridone Gold \*
- Dairylide Yellow / Hansa Yellow
- Pthalo Blue
- Sap Green ( M Graham brand)
- Quinacridone Violet \*
- Paynes Gray
- Burnt Sienna
- Alizarin Crimson \*

\* More powerful **staining** colors, modern organic pigments - these respond better to the salt / alcohol techniques.

Traditional inorganic colors and earths; such as the Umbers, Siennas, and Ochres tend to lift more easily from the paper but will respond little, if at all to the salt / alcohol techniques. Note: Mineral colors, Ultram & Cadmiums don't "move".